



Advancing Health Care Policy
for Mental Health and Addiction

General Information About COVID-19

- [CDC—What you need to know](#)
- [World Health Organization—Overview, Prevention, and Symptoms](#)
- [ABHW Member Companies COVID-19 Response](#)
- [ABHW Corporate Partners COVID-19 Response](#)

Government Related Resources

- [Medication Access During COVID-19](#)
- [SAMHSA – Guidance and Resources to Assist Individuals, Providers, Communities, and States During COVID-19](#)
- [CMS: Guidance for Medicare Recipients and Medicare Providers](#)
- [Department of Veteran Affairs—Veteran Care](#)
- [Bill Tracking Report to Help Organizations Track Coronavirus-Related Legislation](#)
- [Potential Implications for Individuals with Substance Use Disorders](#)

Medication Assisted Treatment (MAT)

- [DEA Guidance—Exemption Allowing Alternate Delivery Methods for OTPs](#)
- [DEA Guidance—Use of Telemedicine While Providing Medication Assisted Treatment \(MAT\)](#)
- [SAMHSA – COVID-19 Guidance for Opioid Treatment Programs](#)

Telehealth

- [COVID-19 Telehealth Guidance: What You Need to Know](#)
- [Medicare Telemedicine Health Care Provider Fact Sheet](#)
- [Telehealth Restrictions in Response to COVID-19](#)
- [COVID-19 Telehealth Medicaid Expansions: A State-by-State Guide](#)

Pro-Tips

- [Getting Behavioral Health Support During COVID-19](#)
- [Meditation and Calming Exercises](#)
- [Care for your Coronavirus Anxiety](#)
- [Practice Guidelines for Video-Based Online Mental Health Services](#)
- [Mental Health and Psychosocial Considerations During the COVID-19 Outbreak](#)

Immediate Response

- [Disaster Distress Helpline](#)
Call [1-800-985-5990](tel:1-800-985-5990) or text TalkWithUsto66746. The Disaster Distress Helpline (DDH) provides crisis counseling and support for anyone in the U.S. experiencing distress or other behavioral health concerns related to any natural or human-caused disaster, including public health emergencies.
- [Crisis Text Line](#)
Text MHA to 741741 and you'll be connected to a trained Crisis Counselor. Crisis Text Line provides free, text-based support 24/7.
- [National Suicide Prevention Lifeline](#)
Call [1-800-273-8255](tel:1-800-273-8255). The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.
- [The Trevor Project](#)
Call [1-866-488-7386](tel:1-866-488-7386) or text START to 678678. A national 24-hour, toll free confidential suicide hotline for LGBTQ youth.
- [Dial 2-1-1](#)
If you need assistance finding food, paying for housing bills, accessing free childcare, or other essential services, visit 211.org or dial 211 to speak to someone who can help. Run by the United Way.
- [National Domestic Violence Hotline](#)
For any victims and survivors who need support, call [1-800-799-7233](tel:1-800-799-7233) or [1-800-799-7233](tel:1-800-799-7233) for TTY, or if you're unable to speak safely, you can log onto thehotline.org or text LOVEIS to 22522.